

September 17, 2008

Letter of recommendation:

Helga Rahn is a professional hypnotist who sees patients for a wide variety of conditions on referral from medical doctors. She also sees clients who are self-referred for non-medical problems. I am well acquainted with her and have referred patients to her. She is a very competent and caring person and very talented at what she does. She is a particularly great asset for those patients (and their doctors) with conditions that are refractory to conventional treatments or those who need extra care and attention.

Hypnosis is an alternate or additional therapy for numerous medical conditions, many of which are not classically felt to be psychosomatic. We all have patients who we feel are not going to get better from our care alone, because there is something going on inside them that is working against them getting well. These and many more can be helped by hypnosis and specifically by Helga Rahn. I recommend her without reservation for the care of any patient who has undergone a thorough, conventional medical evaluation and has been diagnosed with a specific medical problem for which they would be referred. I am sure she will add to your ability to successfully treat and please your patients. I think she will reflect well on your practice.

Sincerely,

A handwritten signature in blue ink, appearing to read "James H. Stewart MD". The signature is fluid and cursive, with a large loop at the end.

James H. Stewart, MD,
Cardiovascular Diseases and Internal Medicine
Jacksonville, FL